

# Mount Shasta - Reconnecting Retreat



By Allou Guthmiller

*What is it within you that longs for expression?*

*Are you fulfilling your purpose, the life you're here to live?*

*What haven't you been quite able to change in your life?*

An invitation is extended to you to take time out to nurture and revitalize your spirit while creating the next steps toward living your true purpose. During this extended weekend, come into your mastery through interactive exercises of co-creation, tapping into your inner wisdom for greater clarity and vision. Experience a deeper sense of well-being and soulful empowerment through inspiration, self-awareness, and reinvention. There will be times of journaling, reflection, meditation, sharing, and laughter as you overcome limiting beliefs to discover and connect with your innate plan and perfect blueprint.

This Reconnecting Retreat will take place in Mt. Shasta, revered world-wide for its sacred and mystical beauty. To capture this essence, included in the retreat are a visit to nearby Stewart Mineral Springs to relax the mind and soothe and rejuvenate the body; an enchanting session with crystal bowls to awaken and harmonize your being; and a visit to Mt. Shasta, where ancient Lemurian secrets are said to reside in the pristine air, crystal clear water, and tranquility of the mountain.

Joyfully experience freedom by removing from your life what is no longer necessary as you awaken to a greater YOU. Unleash your creative potential, sculpt your next steps, and awaken this new purpose into your daily life. This retreat is for anyone and everyone that is ready for change—taking you to the next level in your evolution.



**\$595 (Enroll up to one month prior for \$495)**

**From 9 am - 5 pm**

**June 23, 24, 25, & 26<sup>th</sup> or August 4, 5, 6, & 7**

**To register and reserve a space: [www.claimyourpowertoheal.com](http://www.claimyourpowertoheal.com)**

**Phone 530-926-4555**

Included in the retreat: To upgrade your performance, an optional evening program on Saturday with a light dinner provided.

7:00 -7:30 pm: An introduction to Reconnective Healing™ open to all participants.

7:30 -9:00 pm: A full review of the Reconnection and Reconnective Healing™ for Reconnective Healing Practitioners only.

Allou Guthmiller RN, is an author, internationally renowned healer and a catalyst for transformation.

[www.claimyourpowertoheal.com](http://www.claimyourpowertoheal.com)

[www.thereconnection.com/programs/semi-private-instruction](http://www.thereconnection.com/programs/semi-private-instruction)